



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

JOIN US FOR...

SAFE & HEALTHY KIDS DAY

Saturday, May 18 ~ 1-4pm

ACTIVITIES OF THE DAY:

- Safety Around Water
- Healthy Kids Activities
- Health/Safety Vendors
- Bicycle Giveaway

For more information and registration form, see reverse side

FREE & open to the public!

A day of fun active play keeps kids moving

Richard G. Snyder YMCA Campus
1150 N. Water St.
Kittanning, PA 16201



Safety Around Water 1:00pm –2:30pm (swim suits are required for this demo)

- ◆ Everyday, two children die as result of drowning.
- ◆ For children aged 1 to 14, drowning is the second-most common cause of accidental death.
- ◆ Approximately 50% of preschooler drownings occur in residential swimming pools.
- ◆ Over 90% of families with young children will be in the water at some point this summer, almost half plan to swim in a place with no lifeguard.
- ◆ Of all preschoolers who drown, 75% are missing from sight 5 minutes or less.

Join the **Richard G. Snyder YMCA Aquatic Staff** in reducing these numbers by having you and your child attend the **SAFETY AROUND WATER** demonstrations from 1-2:30pm. Swim suits must be worn by children.



Explore Safety Vendors 2:30-4:00pm

- Explore Safety Vehicles
- Pennsylvania State Police
- Kittanning Police Department
- Sherriff's office
- Smokehouse –sponsored by Hose Co. #4
- Touch-a-Truck 2:30pm
- Bike Safety/Rodeo
- Fingerprinting
- Bicycle Helmets



Healthy Kids

- Bike Rodeo 2:30pm
- Fun with Fitness 2:30pm
- Healthy Snack Demo 3:00pm - Sponsored by Olsen Chiropractic
- Bike and Helmet Giveaway** 4:00pm-sponsered by the Richard G. Snyder YMCA

****must be present for the whole day to participate in the Bike Giveaway****

Safe and Healthy Kids Day Registration

Name: _____ **Age:** _____

Address: _____

Email Address: _____

Parents Name: _____