

CPR and Safety Days at Brandy Marie's Gymnastics!!!

Dates: To Be Announced

Pre-register by 4/5/19 although we will accept later registrations will be accepted if class is not full.

Join us at 517 Parker Road Sarver, PA 16055

Come Learn CPR, Stranger Danger, and Self Defense!!

Brandy Marie's will be holding a course designed to teach the basics of CPR and help prepare you for certification through the American Heart Association. The course will be 3 hours long beginning at 9:00am and ending at 11:00am. Infant, Toddler and Adult CPR will be covered as well as basic Heimlich maneuver for choking. This is a great course for those wishing to begin babysitting or anyone who would like to be prepared in an emergency situation. AHA certification will be provided for those over 14 years of age, 13 and under will receive a certificate of completion from the gym.

Stranger Danger will be offered from 11:15AM-11:45AM

Taught by state trooper **Chris Robbins!** Children and Teens alike will learn how to identify and protect themselves at home and outdoors from potentially dangerous situations.

Basic Self Defense will be offered 11:45am-12:15pm

CS Kim Instructors will be here to teach the best ways to defend yourselves in potentially dangerous situations. Children, Teens, and adults alike are welcome to attend any or all of the above courses.

Discount bundle packages available.

CPR only-- \$50, Stranger Danger and Self Defense --\$10 each or \$20 for both

All Three Classes --\$55

****NOT AFFILIATED WITH ANY SCHOOL DISTRICT****

Pre-Registration

Please include email and phone so that we may contact you when class is announced!

Participant Name _____ DOB _____

Address _____ City _____

State _____ Zip _____ Phone Number _____

Email Address _____

Class desired _____ CPR _____ Stranger Danger _____ Self Defense _____ All Three classes

Payment can be made at class start or you may prepay with registration!

Please make Checks payable to BMG Questions??? Please call 878-425-0045